

Menus subject to change.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
B L S		1 	2 NO SCHOOL	3 NO SCHOOL	4 NO SCHOOL
7 B L S	NO SCHOOL	8 Pancakes (2) with Syrup Lemon Pepper Chicken with Brown Rice Pilaf (1/2c) & Peas & Carrots (1c)	9 Reduced Sugar Cinnamon Toast Crunch & WG Crackers Pepperoni Pizza with Green Salad (2c)	10 Beef, Cheese & Chili Flaquito Chicken Tamal with Black Beans (3/4c)	11 Coffee Cake & String Cheese NO LUNCH ON FRIDAYS
14 B L S	Chocolate Crescent Beef Taquitos (2) with Whole Kernel Corn (3/4c)	15 Cinnamon French Toast w/Syrup Ham & Cheese Sandwich with Green Salad (1c)	16 Rice Chex & WG Crackers Red Chicken & Cheese Enchiladas with Pinto Beans (1/2c)	17 Egg & Sausage Burrito Italian Turkey, Ham & Cheese Hoagie Roll Sandwich with Carrot Sticks (1/2c) & Ranch	18 WG Apple Cinnamon Donut NO LUNCH ON FRIDAYS
21 B L S		22 Waffles (2) with Syrup Chicken Tamal with Pinto Beans (3/4c)	23 Coco Puffs & WG Crackers Pepperoni Pizza with Carrot Sticks (3/4c) & Ranch	24 Maple Pancake Corn Dog Chicken Breast Pita Sandwich with Basil Corn Salad (1/2c)	25 Cherry Strudel NO LUNCH ON FRIDAYS
28 B L S	Zucchini Loaf Spinach Chicken Pasta with Cilantro Bean Salad (3/4c)	29 Pancakes (2) with Syrup Orange Chicken with Brown Rice Pilaf (1/2c) & Steamed Broccoli & Carrots (1c)	30 Multi Grain Cheerios & WG Crackers Ham & Cheese Torta with BBQ Corn Salad (1/2c)	31 Green Chile Egg & Cheese Burrito Honey BBQ Chicken Wings (3) with Dinner Roll, Carrot Sticks (3/4c) & Ranch	1 Mini Cinnamon Rolls NO LUNCH ON FRIDAYS

This institution is an equal opportunity provider.

Breakfast fruit/juice portions: 1 cup & Lunch fruit/juice portions: 1/2 cup (Juice cannot exceed 50% of total weekly servings.) Milk (1 Cup) (1%/Non-fat/Non-fat Choc)



School Notes: PRE-PACK // ONLY BREAKFAST ON FRIDAY NO LUNCH // SUBSTITUTE MEALS WITH TURKEY WITH OTHER FOR MARIA ISABEL GARCIA



“Eat Right, Be Bright!”