

June 2019

ILead Antelope Valley

GRADE: K-8

Menu

B = 45

L= 150 (No lunch Fridays)

Serve w/ Milk & Fruit

Menus subject to change.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
B					
L					
S					
3	Chocolate Crescent (40)	Waffles (2) with Syrup (50)	5 Reduced Sugar Cinnamon Toast Crunch & WG Crackers (75)	6 Egg, Sausage & Cheese Breakfast Toast (75)	7 WG Apple Cinnamon Donut (40)
B	Garlic Pesto Chicken Pasta with Carrot Sticks (3/4c) & Ranch (70)	Honey BBQ Chicken Wings with Dinner Roll & Mashed Potatoes (1c) (100)	Pepperoni Pizza with Green Salad (2c) (225)	Beef (2oz) & Cheese (.5oz) Nachos (2oz) with Pinto Beans (3/4c) (120)	No Lunch
L	Caesar Chicken Salad with a Wheat Dinner Roll (65)	Chef Turkey & Ham Salad with a Wheat Dinner Roll (45)			
S	Chocolate Gripz Graham Bits (35)				
10	ini Bagels w/Cinnamon Cream Cheese (45)	11 Pancake Bites (5) (50)	12 Lucky Charms & WG Crackers (75)	13 Bean & Cheese Burrito (45)	14 Coffee Cake & String Cheese (50)
B	Spaghetti (1/2c) & Meatballs with Mixed Vegetables (1c) (95)	Creamy Basil Chicken Tortilla Wrap with Basil Corn Salad (1/2c) (80)	Turkey & Cheese Sandwich with Green Salad (1 1/2c) (85)	Breaded Chicken Drumstick with BBQ Baked Beans (3/4c) & Dinner Roll (90)	No Lunch
L	Caesar Chicken Salad with a Wheat Dinner Roll (60)	Chef Turkey & Ham Salad with a Wheat Dinner Roll (20)			
S					
17	No School	18	19	20	21
B					
L					
S					
24		25	26	27	28
B					
L					
S					

This institution is an equal opportunity provider.

Breakfast fruit/juice portions: 1 cup & Lunch fruit/juice portions: 1/2 cup (Juice cannot exceed 50% of total weekly servings.) Milk (1 Cup) (1%/Non-fat/Non-fat Choc)



School Notes: PRE-PACK // ONLY BREAKFAST ON FRIDAY NO LUNCH // SUBSTITUTE MEALS WITH TURKEY WITH OTHER FOR MARIA ISABEL GARCIA // SEND JUICE ON MONDAY AND WEDNESDAYS



“Eat Right, Be Bright!”