




	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2	3
					
	6	7	8	9	10
	13	14	15	16	17
B		30 String Cheese & Graham Crackers	50 Reduced Sugar Cinnamon Toast Crunch & WG Crackers	40 Waffles (2) with Syrup	35 WG Apple Cinnamon Donut
L		150 Honey BBQ Chicken Wings with Dinner Roll & Mashed Potatoes (3/4c)	235 Pepperoni Pizza with Green Salad (2c)	150 Chicken Quesadilla with Pinto Beans (3/4c)	
Salad		10 Santa Fe Chicken Salad with a Wheat Dinner Roll			
S		10 Oatmeal Cookie	15 Blueberry Lemon Bites	15 Strawberry Nutri-Grain Bar	10 Apple Muffin
	20	21	22	23	24
B		40 Apple Muffin	50 Multi Grain Cheerios & WG Crackers	45 Pancakes (2) with Syrup	35 Mini Cinnamon Rolls
L		115 BBQ Chicken Sandwich on a Hoagie Roll with Basil Corn Salad (1/2c)	140 Orange Chicken with Brown Rice Pilaf (1/2c) & Steamed Broccoli & Carrots (1c)	145 Chicken Tamal with Pinto Beans (3/4c)	
Salad		10 Santa Fe Chicken Salad with a Wheat Dinner Roll	10 Caesar Chicken Salad with a Wheat Dinner Roll		
S		10 Goldfish Crackers	15 Scooby Doo Crackers	15 Cinnamon Graham Bug Bites	15 Blueberry Muffin
	27	28	29	30	31
B	40 Mini Bagels w/Cinnamon Cream Cheese	30 Egg & Cheese Burrito	50 Coco Puffs & WG Crackers	45 Cinnamon French Toast w/Syrup	35 Mexican Concha
L	130 Chicken Teriyaki with Brown Rice Pilaf (1/2c) & Mixed Vegetables (1c)	145 Chicken & Waffles with Mashed Potatoes (3/4c)	240 Pepperoni Pizza with Green Salad (2c)	150 Beef & Cheese Nachos with Pinto Beans (3/4c)	
Salad	10 Chef Turkey & Ham Salad with a Wheat Dinner Roll	10 Santa Fe Chicken Salad with a Wheat Dinner Roll			
S	10 Vanilla Wafers	10 Oatmeal Cookie	15 Strawberry Sport Graham Cr	15 Blueberry Nutri-Grain Bar	15 Orange Muffin

This institution is an equal opportunity provider.

Breakfast fruit/juice portions: 1 cup & Lunch fruit/juice portions: 1/2 cup (Juice cannot exceed 50% of total weekly servings.) Milk (1 Cup) (1%/Non-fat/Non-fat Choc)



School Notes:

